

Wednesday, September 15

9:00 – 10:30 a.m. General Session
Open: Myrtle Boykin Lighton, Lima UMADAOP
Invocation:
Greetings: Lori Cris, OhioMHAS (video)
Philip D. Atkins, PhD, LICDC-CS, OCPC, Executive Director,
Mental Health & Recovery Board of Union County

Welcome: Sharetta Smith, Chief of Staff, City of Lima

Bio: Sharetta Smith, Esq. is a Lima native with roots in this community extending across five generations, and a proven leader with a passion for making a difference. She has enjoyed a successful career in public service as a lawyer, judicial magistrate, Lima’s Chief of Staff, and has worked in the private sector managing global purchasing and logistics contracts for an electrical and mechanical distributor servicing international companies such as Procter & Gamble and International Paper.

As a magistrate, Sharetta presided over probable cause and bond hearings, issued arrest and search warrants, and appointed counsel for indigent defendants. Since her return to Lima in 2017, Sharetta has served as Chief of Staff for the City of Lima. As Chief of Staff, Sharetta works as a senior advisor to Mayor David Berger, supporting 38,000 citizens, administering a \$38M operating budget, and managing seven departments with a combined 400+ member workforce.

In her role as Chief of Staff, Sharetta has proven her ability to develop smart solutions for entrenched problems in local government, including working to have three of Lima’s most blighted census tracts designated by the federal government as Opportunity Zones to attract investors to spur economic development, leading a solutions driven community-wide conversation about the future of housing with the creation of the Lima Housing Task Force, collaborating with youth serving agencies throughout the city and county to create an afterschool program for middle-school youth, and working with Lima City Council and the Lima Civil Service Board to establish the position of Chief Technology officer.

Introduction of the Speaker: Myrtle Boykin Lighton, Lima UMADAOP

Keynote: Using Your Voice

Speaker: Ohio State Representative Paula Hicks Hudson (D-44)

Speaker Bio: As the first black female mayor of Toledo, State Rep. Paula Hicks Hudson has always exhibited a commitment to empowering and helping people improve their quality of life. She currently represents Ohio’s 44th House District, which includes central Toledo.

After graduating with her Juris Doctorate from the University of Iowa, Rep. Hudson moved with her family to Toledo in 1982. As a Reginald

Heber Smith Fellow, she began her career at Toledo Legal Aid Society representing senior citizens and working with several community groups.

Rep. Hudson's purpose has centered on improving the quality of her community through her hard work in the public and private sector. During her 35-year professional career, she has worked as assistant Lucas County prosecutor, assistant public defender and assistant state attorney general. From 1998-2002, she served as the legislative director of the Toledo City Council. Following that, she served as the director and deputy director of the Lucas County Board of Elections and chief legal counsel to the Ohio Office of Budget and Management under Governor Ted Strickland.

In 2011, while working for her own private law practice and teaching criminal justice at the University of Toledo's College of Law, Paula was selected by the Lucas County Democratic Party to fill the vacancy on the Toledo City Council District 4 seat. From 2011 to 2015, Rep. Hudson served on Toledo City Council, serving as President of Council from 2013 until she became Mayor of Toledo.

Break **10:30 – 10:45 a.m.**

Workshop Session One
10:45 a.m. – 12:15 p.m.

Workshop 1A Addressing Client Resistance: Recognition and Processing
Presenter: Michael Johnson

Presenter Bio: Michael E. Johnson is a nationally recognized trainer and lecturer in the field of addictions. Over the years he has served the addictions field in many capacities; as a counselor, program director, consultant and trainer. He has developed a series of educational DVD's that are shown throughout the United States within residential AOD treatment settings, correctional institutions and prevention programs. He has worked as a consultant for the Michigan Department of Corrections, New York Department of Corrections, the Federal Bureau of Prisons as well as numerous Drug Courts throughout the country. He served as faculty for Eastern Kentucky Universities Alcohol and Other Drug Studies for several years and has conducted classes at colleges and universities.

He studied and graduated from Wayne State University in Detroit, Michigan, acquiring a Bachelor's Degree in Counselor Education (1988) and his Master's Degree in Social Work (1994). He is a Licensed Social Worker a Certified Advanced Addictions Counselor in the State of Michigan and despite his credential's he possesses a tenacity for learning which has not ceased. He enjoys reading, attending trainings and seminars and loves a lively debate on addiction related topics, counseling techniques and skill building. Michael does not believe that the education and need for training of counselors, therapists, social workers and psychologists ever ceases.

Michael is known for his provocative lecturing style relative to the field of counseling, addiction and recovery and those issues associated with human struggles that are often ignored but so much a part of being alive. He is engaging and notorious for including audience experiences in his presentations.

Workshop 1B

Presenter:

Mental Health Awareness – Signs, Symptoms and the Impact of Stigma
Ayme McCain, Director of Prevention and Community Engagement for Recovery Resources

Description:

Social stigma is the disapproval of, or discrimination against, a person based on perceivable social characteristics that serve to distinguish them from other members of a society. Individuals dealing with mental health concerns often face stigma that can impact their ability to ask for or receive help when needed. This training will review signs and symptoms of common mental health disorders and how social stigma impacts the access to care for individuals, families and communities. This training will also discuss the importance of being united as a community in promoting a message that it is OK to seek help when dealing with a mental health challenge.

Presenter Bio:

Ayme McCain MSSA, LSW, OCPC is the Director of Prevention and Community Engagement for Recovery Resources and has over 20 years of experience working in the social services field focusing on behavioral health treatment, prevention and wellness. Ayme oversees the Behavioral Health Prevention department and the Assist Now Employee Assistance Program and also serves as a therapist and trainer.

She has a passion for helping others realize a better quality of life. She received her undergraduate degree in Psychology from John Carroll University and her Masters of Social Service Administration from Case Western Reserve University's Mandel School of Applied Social Science. Ayme brings a wealth of knowledge and experience to her role with Recovery Resources and is a certified Mental Health First Aid and QPR Suicide Prevention instructor.

Workshop 1C

The Role of Key Stakeholders in the Battle Against Suicide in the Black Community

Presenter:

Kamesha Spates, Ph.D., Associate Professor of Sociology
Department of Sociology, Kent State University

Presenter Bio:

Kamesha Spates is an Associate professor in the Department of Sociology at Kent State University. Her areas of specialization include the intersections of race, class, and gender; the African American experience; mental health; and suicidology. She recently completed a book entitled, *What Don't Kill Us Makes Us Stronger: Black Women on Suicide*, where uses interviews to uncover reasons for the racial suicide paradox. Her analysis offers a deeper understanding of the positive life strategies that underlie black women's resilience. Some of her other works can be found in *Essence Magazine*, the *Journal of Black Psychology*, the *Ohio Journal of Public Health*, *Sex Roles*, and the *Journal of Pan African Studies*. She is currently working on projects 1) that examines the role of the black church in suicide prevention /postvention and mental health awareness; 2) Northeast Ohio's Black Community's

Readiness to address rising suicide rates; 3) Mental Health and Suicide Awareness in the Kenyan Context, and 4) Racism and Mental Health. She also trains organizations and laypersons to raise awareness about suicide and mental health outcomes using a racially conscious framework.

Break 12:15 – 12:30 p.m.

Luncheon / Keynote September 15, 2021 | 12:30 p.m.

Greetings: Myrtle Boykin Lighton, Lima UMADAOP

Blessing of the Meal: Reggie Coley, Lima UMADAOP

Introduction of Speaker: Myrtle Boykin Lighton, Lima UMADAOP

Speaker: TBD

Location:

Bio:

Workshop

Session Two September 15, 2021 | 2:00 – 3:30 p.m.

Workshop 2A: Working with your County Mental Health and Addiction Board

Presenter: Philip D. Atkins, PhD, LICDC-CS, OCPC, Executive Director,
Mental Health & Recovery Board of Union County

Presenter Bio: Dr. Philip Atkins has more than 30 years of experience in alcohol, drug addiction and mental health services. He is a Licensed Independent Chemical Dependency Counselor and a Certified Prevention Consultant. He has served as a clinician and administrator in a variety of settings, including private non-profit behavioral health providers, faith-based organizations, public mental health and substance abuse boards, and as a private consultant. Atkins has a PhD in Human Services Administration from Capella University that focuses on health care, public administration, criminal justice and nonprofit management. He is a graduate of the Mental Health Executive Leadership program at The Weatherhead School of Management at Case Western Reserve University.

Dr. Atkins has presented at many state and national conferences including the Ohio Prevention Education Conference, the Ohio School Nurses Association, the Ohio Drug and Alcohol Studies Institute, the Alcohol and Drug Abuse Prevention Association of Ohio, the Kidney Foundation of Ohio, the Ohio Opiate Conference, the All-Ohio Psychiatric Conference, and many others. He has served as a technical expert on behavioral health epidemiology for the Substance Abuse and Mental Health Services Administration (SAMHSA) and has been a long-standing member of the Ohio State Epidemiological Outcomes Workgroup (SEOW). Widely known for his facilitation and presenting skills, Dr. Atkins has trained hundreds of participants in grant writing, and has successfully authored more than \$33 million in grants and proposals.

Workshop 2B What, Why, and How: Three questions of the Prevention Credentialing process
Presenter: Jennifer Benson, B.A., OCPC, ICPS, Ohio Certified Prevention Consultant

Presenter Bio: Jennifer Benson is an Ohio Certified Prevention Consultant. She is the owner of a consulting firm, Prevention Across the Ages, LLC which offers training and coaching for individuals and communities. Jennifer received her Bachelor of Arts degree in Psychology from Florida State University and has worked in prevention for 20 years engaging in school-based programming, community services, and coalition work. Jennifer enjoys training and working with individuals and communities helping them gain the tools and skills needed to implement effective prevention practices. Along with three colleagues, Jennifer developed the adult low-risk drinking curriculum, Minimize Risk~Maximize Life.

Workshop 2C Gambling and the Community Based Process
Presenter: George A. Hicks III OCPC, ICPS

Presenter Bio: George is a Prevention Consultant for the Maryhaven Gambling Intervention Program. George has over 25 years of program development. He coordinates programs both in schools and communities setting. George works to identify the prevention needs of target populations. He also facilitates a variety of presentations and trainings at community settings for the Gambling Prevention Program. George has extensive experience working with urban youth in the Columbus, Ohio area. He is an Ohio adult ally for youth Led programs. He is currently partnered with the City of Columbus Recreation and Parks, Maryhaven Gambling Intervention Program, and the ArkBuilders Inc, Columbus Health Department, Asian American Community Services (AACS), Lead the Way Learning Academy, Capital University, CI Art Institute and Be the Village OHIO.

Break 3:30 – 3:45 p.m.

Workshop Session
Three 3:45 – 5:15 p.m.

Workshop 3A Trauma Informed Family Engagement
Presenter: Rejeana Haynes, LISW-S

Presenter Bio: Rejeana Haynes is the Vice President of Clinical Operations at St. Vincent Family Center in Columbus, Ohio. She has worked in the behavioral health care field for the last 28 years, during which time she has dedicated her career to advocacy and providing services to children and families. Ms. Haynes has provided direct clinical services, facilitated various trainings for parents, teachers and other professionals, and has been a leader within the professional community providing her expertise regarding policy and service delivery.

In her current role, Ms. Haynes is responsible for monitoring and expanding the continuum of services at St. Vincent Family Center, ensuring that trauma informed care is a foundation of all service provision. She is also committed and values that all services are delivered from a strength-based perspective. Ms. Haynes sees her mission in life to be that of offering hope to those who have found themselves in hopeless situations.

Ms. Haynes has participated on several nonprofit boards, including her most recent role on the board of directors for Multiethnic Advocates for Cultural Competence in Behavioral Health Care.

Workshop 3B The importance of listening to our youth
Presenter: LaShanna Alfred

Presenter Bio: LaShanna Alfred, MSW, LISW-S Founder and CEO of U Change Consulting specializing in Addiction and Mental Health. She serves as an Adjunct Professor at the University of Toledo Social Work Dept. She is a 3x author and book publisher as well as book writing coach. She seeks to educate and equip for positive change.

Workshop 3C Clinical Justice" For Black Men & Boys in The Age of Mass Incarceration and Mass Trauma

Presenter: Jewel Woods, MA, MSW, LISW-S, Founder and Clinical Director of Male Behavioral Health, LLC

Presenter Bio: Jewel Woods (MA, MSW, LISW-S) is the founder and clinical director of Male Behavioral Health, LLC, an outpatient mental health practice dedicated to addressing the mental, emotional, and behavioral health needs of men and boys. Under his leadership Male Behavioral Health, LLC. has grown to three state-wide offices and obtained several major community partnerships including with local school districts. Jewel is a licensed independent social worker with training supervision designation who has over twenty years of advocacy working with and on behalf of diverse individuals and communities. Jewel has a Master of Arts in Sociology and a Master's degree in Social Work.

He is a former Ford Foundation New Voices Fellow, a past University of Chicago Minority Scholar Program recipient, and a select member of the Fragile Families Study at Columbia University. Jewel has gained extensive expertise as a therapist working with men and boys for over two decades, and has established himself as an inspirational leader and speaker. He has presented at the United Nations and given talks at colleges and universities across the United States and Internationally. He is also an author and a gender analyst whose views on men and boys in American society have been featured on TV, national news & radio talk programs.

His publications have been featured in both academic publications and popular new media including Essence Magazine, Ebony Magazine, Ms. Magazine, The Huffington Post, The Dallas Morning News, The Cleveland Plain Dealer, and The Philadelphia Inquirer. Jewel previously served as the Executive Director of Renaissance Male

Project Inc., providing overall vision and leadership as the CEO of a growing national organization. His distinguished role included designing and effectively implementing conferences, meetings, and other national events; providing fundraising leadership and board development; organizing and developing volunteer staff; as well as managing multiple initiatives, projects, and programs simultaneously.

His passion for eradicating domestic violence and human sex trafficking has made an impact on many lives. Professional, powerful, and genuine, Jewel Woods leads by example and encourages men and boys around him to improve their quality of life and to make a positive change in society.